

DEPARTMENT OF PHYSICAL EDUCATION (2014-15)

ANNUAL REPORT (2014-15)

Head of the Department: R.Selvakumar, Director of Physical Education

The Department is also conducting regular yoga classes encompassing both theory and practical aspects for the boys and girls.

1. Day scholars
2. Part V Students (1st and 2nd year)



3. Fitness & wellness certificate course students (Every year odd semester) of Women study centre
4. Organized 10days Coaching Camp for Ball badminton, Basket ball, Cricket, Football, Athletics, Power lifting & Weight lifting, Volleyball, Handball for Men Students & Athletics, Volleyball & Ball badminton for Women students.

Selection Committee Member:

1. Appointed as a Selection committee member for Madurai Kamaraj University Cricket (Men) blues team held at ,ANJA College, Sivakasi from 29-9-14 to 1-10-14.
2. Appointed as a Selection committee member for Madurai Kamaraj University Ball Badminton (Men) blues team held at N.M.S.S.V.N college, Madurai-21 on 6-10-14 & 7-10-14.

Inter University Level MKU Blues Team Manager:

Appointed as a Team manager for Madurai Kamaraj University Chess (Men & Women) blues team to participate the South Zone Inter University tournament held at Vellore Institute of Technology, Vellore from 14-10-2014 to 19-10-2014

Refresher Course Programme:

Successfully participated and secure with “A” grade in Refresher course – Physical Education & Yoga organized by Academic Staff College, University of Madras from 14-11-2014 to 4-12-14.

National Conference Programmes:

Paper presented the National conference on “Importance of Physical Education and Sports Science in Nation Building” organized by Department of Physical Education, Coimbatore Institute of Technology, Coimbatore- 641 014.

Inter National Journal Publication:

Published the International Research journal on Health Fitness and Sports Sciences Volume 2 issue 2 , ISSN-2320-5202 under the paper title of “ The Interrelationship between Physical activity, Nutrition and health”

Touranament Organised:

The department of physical education organized the following tournaments in our college campus:

1. Organized Madurai Kamaraj University ”A” Zone Inter-Collegiate Ball badminton Men tournament held at Thiagarajar college grounds, Madurai-09
2. Organized Madurai Kamaraj University ”A” Zone Inter-Collegiate Handball Men tournament held at Thiagarajar college grounds, Madurai-09.



Special programme:

The department of Physical Education organized the following activities in our college students,

1. Recreational and minor games activity programme conducted by department of Physical Education old student's alumni members. 250 (both aided and self finance) part V Physical education students participated in the event.



2. Defence Art through Karate for our college women students demonstrated by **Mr. N. Ramamoorthy, B.A., B.L**, Karate master, Madurai. 123 (both aided and self finance) Part V Physical Education women students participated and benefited in the programme.

3. One day trekking camp under the theme of YOGA WALK to Alagarkovil, Madurai 192 (both aided and Self finance) Part V Physical Education students.

Inter-Institutional programmes:

The department of physical education Organized the more than 50 friendly matches against different institutions with different discipline like Basketball, Cricket, Football, Handball, Volley ball, Ball badminton for men & Volley ball, Kho kho, Ball badminton for women.

We competed in Athletics, Ball Badminton, Basket ball, Chess, Cricket, Football, , Weight lifting, Power lifting, Best Physique, Handball, volleyball, basketball in the men's category and our women's team ventured in Ball badminton , Athletics, Volleyball in the Madurai kamaraj University Level.

The following are the achievements of an students in M.K.University 'A' zone Inter collegiate Tournaments:

- Our College Handball (M) team won the MKU 'A' zone inter- Collegiate Runners Trophy held at Thiagarajar College, Madurai. on 28-8-14



- Our College Ball badminton (M) team won the MKU 'A' zone inter- Collegiate Winner Trophy held at Thiagarajar College, Madurai.on 19-9-14
- Our College Cricket (M) team won the MKU 'A' zone inter- Collegiate Winners Trophy held at The American college , Madurai. From 25-08-14 to 27-08-14.



(II) Champion trophy tournaments

- Our College Cricket (M) team won the MKU Inter zone inter- Collegiate Champion trophy Winners Trophy held at ANJA college , Sivakasi.from 29-9-14 to 1-10-14
- Our College Handball (M) team won the MKU Inter zone inter- Collegiate trophy fourth place held G.T.N college,Dindigul on 17-9-14 & 18-9-14
- Our College Ball badminton (M) team won the MKU Inter zone inter- Collegiate Champion trophy fourth place held at N.M.S. S.V.N college, Nagamalai on 6-10-14 & 7-10-14.

III) Individual Events

- T.S. Gokul, III IMB won the Gold medal in M.K.U Weight Lifting competition under 74Kg category held at Sourastra Gym.
- T.S. Gokul, III IMB won the Gold medal in M.K.U Weight Lifting competition under 77Kg category held at Sourastra Gym.

(III) Inter-University Tournaments Participation:

Sl No.	Name	Department	Game	Tournament Venue and date
1	Mr. M. Manikandan	IIB.Sc. Biotech	Cricket	JJ College of Engineering, Trichy, 17.11.2014
2	Mr.S.Karthikeyan	II B.Sc. IT	Cricket	
3	Mr. P. Deivalingam	III B.A. Eco	Cricket	
4	Mr.S.Vasantha Kumar	I M.A. Eco	Cricket	

5	Mr.P. Latchiaguru	II B.Sc. Phy,	Cricket	
6	Miss. Malini	II B.A. Eng	Ball Badminton	B.S. Abdur rahaman University,Vandalur,Chennai 26.12.14 to 30.12.2014
7	Mr.Bhuvanewaran	III B.Sc. Comp.Sci	Ball Badminton	S.R.M. University Chennai 20 to 24.12.2014

OPEN TOURNAMENTS

I) Inter national level achievement of our students in open tournament:

R. Dhana Narayana Prabhu II B.Com won the Gold medal in 19-25 category Mens KATA in 7th IMGKA World Karate Championship-2014 held at Sri Senthil Aandavar Mandapam, RVS Educational Trust, Sulur, Coimbatore on 24th August 2014.

(II) District & State level

1) V. Sarvesh Swaroop Shankar, I year Bsc biotechnology won the seven medals in following events in State level shooting competition organized by Tamil nadu shooting association held at Chennai Rifle club from 06-08-14 to 10-08-14

Sl.No	Event/ Category	Score	Medal	Individual / team
1	50Mts Rifle prone Junior	573/600	Silver	Individual
2	50 Mts Rifle 3 position Junior	552/600	Gold	Individual
3	50 Mts Rifle 3 position Men	552/600	Silver	Individual
4	10 Mts Peep sight air Rifle sub junior	379/400	Bronze	Individual
5	50 Mts Rifle Prone junior	573/600	Gold	Team
6	10Mts Peep sight air Rifle sub junior	379/400	Gold	Team
7	50 Mts Rifle 3 position junior	552/600	Gold	Team
8.	10 Mts Peep sight air Rifle junior	379/400	Silver	Team

2) R. Dhana narayana prabhu, II B.Com won the Individual over all open championship Trophy in 2nd Tamil Nadu state Inter District Invitation karate championship – 2014 held at V.S chellam, saraswathy mahal, Madurai on 16 November 2014.

- 3) R. Dhana narayana prabhu, II B.Com won the Gold medal in Individual boys KATA in 2nd Tamilnadu state Inter District invitational karate championship -2014 held at V.S Chellam Saraswathy mahal, Madurai on 16th November 2014.
- 4) R. Dhana narayana prabhu, II B.Com won the Gold medal in Invitational open style KATA championship-2014 held at Madurai Illathupillaimar vairavizha mahal, Madurai on 3rd August 2014.
- 5) R. Dhana narayana prabhu, II B.Com won the Gold medal in 29th Tamil Nadu state karate championship 2014 held at Nathan palace thirumana mandapam, Vellore on 6th May 2014.
- 6) R.Dhana narayana prabhu, II B.Com won the Gold medal in South Regional Karate Championship 2015 held at K.J. East Muslim Hr Sec. School Paramakudi on 22nd February 2015.
- 7) T.S. Gokul, III B.Sc. IMB won the Gold Medal in The Madurai District Weight Lifting Competition held at Sourastra Higher Secondary School Madurai on 07-12.2014.
- 8) T.S. Gokul, III B.Sc. IMB won the Gold Medal in The Madurai District Weight Lifting Competition held at Sourastra Higher Secondary School Madurai on 07.12.2015.
- 9) T.S. Gokul, III B.Sc. IMB won the Participated in Tamil Nadu state Youth and Junior Weight Lifting Competition held at P.V.R Thirumana mandapam, Pudukkottai on 13th and 14th December 2015.
- 10) T.S. Gokul, III B.Sc. IMB won the Gold Medal in The Madurai District Weight Lifting Competition held at Sourastra Higher Secondary School Madurai on 08-02.2015.
- 11) T.S. Gokul, III B.Sc. IMB Participated in The Tamil Nadu State Weight Lifting Competition 2014-2015 held at Kalaivanar N.S.K. Kalaiarangam, Nagarcoil on 14th & 15th February 2015.

Physically challenged (Enabling the Disabled)

1. P. Malaichamy, III B.A English won the Gold medal in 100Mts Men in District level Differently abled sports meet – 2014 held at Dr. M.G.R. Stadium, Madurai on 12-09-2014

2. P. Malaichamy, III B.A English won the Bronze medal in 50Mts Men in District level Differently abled sports meet – 2014 held at Dr. M.G.R. Stadium, Madurai on 12-09-2014.
3. P. Malaichamy, III B.A English won the Gold medal in 100Mts in District level Differently abled sports meet – 2014 held at Dr. M.G.R. Stadium, Madurai on 24-01-2015.
4. P. Malaichamy, III B.A English won the Best player award (Men) in District level Differently abled sports meet – 2014 held at Dr. M.G.R. Stadium, Madurai on 24-01-2015.
5. P. Malaichamy, III B.A English won the Silver medal in 100Mts Men T-13 category in 8th Paralympic National Athletics and Games for the Disabled – 2014 held at Chennai, Madurai on 24th to 26-09-2014.
6. P. Malaichamy, III B.A English won the Silver medal in 200Mts Men T/F-13 category in 8th Paralympic National Athletics and Games for the Disabled – 2014 held at Chennai, Madurai on 24th to 26-09-2014.

Sl. No	Games	Coaching camp dates	Match dates	Venue	No. of students participated	
					Aided	S.F
1	Chess	-----	11,12,13	MKU	2	2
2	Ball badminton(M) (Inter Zone)	10,11,12,15,16,17, &18 th Sep.14	19 th Sept14	Thiagarajar college	6	2
3	Foot ball (M)- A-zone	22,25,26,27,&28 th Aug 14, 1& 2 nd Set 14	3Sept14	St. Mary's School	11	2
4	Cricket(M) A- zone	31 st July14 1,4,5,6,7,8,9, 11,12,13,14,18,19 &20 th Aug14	25,26,& 27 th Aug14	The American college	9	7
5	Basketball (M) A-zone	11,12,13,14 &, 18 th Aug14	23 Aug14	MKU College	4	4
6	Volley ball (M) A-zone	31 st Jul 14, 1,4,5,6 & 7 th Aug14	8 th Aug 14	The American	12	–
7	Handball (M) Inter-zone	-----	17 & 18 th Sept14	G.T.N College	3	8
8	Cricket (M) Inter zone	15,16,17,18, 19 th Sept 14	29& 30 th Sept 14, 1 st Oct 14	ANJA College	9	7

9	Ball badminton (M) Inter zone	-----	6& 7 th Oct 14	NMSSVN College	6	2
10	Ball badminton (W)	29, & 30 th Sept14 ,1,2&3 rd Oct14	9& 10 Oct 14	ANJA College	3	4
11	Volley ball (W)	29 & 30 th Sept14 ,1,2& 3 rd Oct14	7 th Oct 14	VHNSN College	3	7

Annual Sports Meet

Intramural Tournaments were held in **26** disciplines for both men and women during January to March 2015. The 66th Annual Sports Meet was held on 02-03- 2015. **Mr. N. Ramamoorthy, M.A., B.L**, Karate national awardee was the Chief Guest.

S.No	Gender	Over all Championship	Department
1.	Men	Winners	Dept. of Commerce
		Runners-up	Dept. of Chemistry
2.	Women	Winners	Dept. of Botany
		Runners-up	Dept. of English
Individual Championship			
1.	Men	Karthik	Dept. of Chemistry
	Women	Rezwanaparveen	Dept. of Chemistry