



**WOMEN'S STUDIES CENTRE**  
**THIAGARAJAR COLLEGE (AUTONOMOUS)**  
**(Re-Accredited by NAAC with 'A' Grade)**  
139-140, Kamarajar Salai, Madurai-625 009



**Newsletter**

**2017-2018**

**Volume - 5**

**In This Issue**

**Awareness Programmes**

*Women Welfare and Law 24.07.2017*

*Food & Nutrition for Teenagers 13.10.2017*

*Power of Positive Attitude 11.01.2018*

**Competition**

*Poster Presentation on "Shakthi: The power of  
Feminity" 30.01.2018*

**International Women's Day Celebration**

**08.03.2018**

**Training Programme**

*Yoga for Better Eye Sight 12.03.2018*

**State level Student's Seminar**

*Teens & the Media 16.02.2018*

**Contact**

Dr. D.Anbugeetha  
The Director, Women's Studies Centre  
Dr. I.Chitra  
Coordinator, Women's Studies Centre  
Dr. R.Angeline Chella Rajathi  
Assistant Coordinatore,  
Women's Studies Centre  
Thiagarajar College  
Madurai – 625 009, Tamil Nadu  
Phone : 0452 – 2311875  
E-mail : womencell@tcarts.in  
Website: [www.tcarts.in](http://www.tcarts.in)

**Short term Academic Courses**

**PG Academic Projects on Women's Studies**

**Short term Academic Courses**

The Centre is offering two certificate courses viz.,

1. Women's Health and fitness
2. Life Skills for Women

from the academic year 2013 – 2014 for the girl students of the college.

**Post Graduate Academic Projects on Women's Studies**

The centre supports PG student projects on issues related to Women's Studies by providing studentship for the preparation of dissertations. Projects on feminism in literary writing, feministic writers, Women empowerment and socio-political status of women in Tamil Nadu were selected.

The following PG students of the Departments of Tamil, English who worked on a topic related to women's issues for their academic projects were given stipend reimbursing the charges for preparing the dissertations. They were encouraged to publish their work in journals.

S N o	Students Name	Acade mic year	Depa rtme nt	Title of the Projects
1.	N. Vijayalaks hmi	2017 – 2018	Engli sh	Introvert Inertia of Modern Women in Joanna Trollope’s City of Friends.
2.	S. Anandha Jothi	2017 – 2018	Engli sh	Existential Crisis of Women in Laura Bates Everyday Sexism.
3.	V. Janani	2017 – 2018	Engli sh	Women and Ageing in Doris Lessing’s Love, Again.
4.	M. Sandhana Devi	2017 – 2018	Engli sh	Problems of Illegitimate Girl Children in Angela Carter’s “Wise Children”

The Women’s Studies Centre of  
Thiagarajar College, Madurai

Org The Women’s Studies centre organized a Poster Presentation on “Shakthi: The Power of Feminity” on 30.01.2018 at 12.30 p.m. Around 80 students from various departments of the college participated in the Programme. Dr.D.AnbuGeetha, Director, Women’s Studies Centre introduced the chief guest and welcomed the gathering. Dr.D.Pandiaraja, Principal of Thiagarajar College gave the inaugural address. In her special address, Dr.V.Subathra Devi, Head, Department of English, Appreciated the active participation of the participants. She also emphasized that Women are the shakthi behind the harmoniour functioning of the whole world. The resource person of the programme Dr.R.Selvameena, Managing Director, MadhuMeena Boutique, Madurai, gave an interesting speech on “Power of Feminity” and She said Men may want to defeat but Women want to embrace. Best posters were selected and the prizes were distributed to those students. Mrs.N.Radhika, Lecturer, Department of Psychology proposed the vote of thanks.

### Competition

*Poster Presentation on “Shakthi: The power of Feminity” 30.01.2018*



*Dr.D.Anbugeetha delivering the welcome address in the Poster Presentation on “Shakthi: The Power of Feminity”*



*Participant explain her poster to the Juries*

Advocate, Madurai Bench of Madras High Court addressed the students about law in general and focused on sexual harassment. He sensitized the students on gender justice by screening clippings from movies and he instilled confidence to fight back courageously. It was a step towards educating the girl children to address issues without fear. Students were interactive and they expressed their wish to educate men also, regarding this.

Prizes were given to active participants. Ms.Nivedita Department of Psychology proposed the vote of thanks.

## **Awareness Programmes**

### ***Workshop on “Women Welfare and Law” 24.07.2017***



*Dr.D.Pandiaraja, principal, Thiagarajar College, delivering the presidential address on “Women Welfare and Law” on 24.07.2017*

The Women’s Studies Centre conducted a workshop on “Women Welfare and Law” for the girl students on 24<sup>th</sup> July 2017. Briefing the activities of the centre, Dr.A.Suganthi, former Director, Women’s Studies Centre emphasized the need for such a programme. In his presidential address, Dr.D.Pandiaraja, Principal insisted that law is essential to women since we live in a Gender biased society. Mrs.S.Anusha, Programme Organizer, NLPC (National Legal rights Protection Council) briefed about the programme. Mr.G.Prabhu Rajadurai, Senior



*Mr.G.prabhu rajadurai,B.A., B.L Senior Advocate, Madurai Bench of Madras High Court addressing the students on “Women Welfare and Law”.*



*Participants of the Workshop on “Women Welfare and Law” on 24.07.2017*

***“Think like a queen. A queen is not afraid to fail. Failure is another steppingstone to greatness.” – Oprah Winfrey***

***Food & Nutrition for Teenagers 13.10.2017***



*Standing for prayer song*

The Women Studies Centre in association with Department of Psychology, Thiagarajar College conducted a guest lecture on “Food & Nutrition for Teenagers” for the UG students on 13<sup>th</sup> October 2017. Dr.D.AnbuGeetha, Director, Women’s Studies Centre introduced the chief guest and welcomed the

gathering. The resource person of the programme Mrs.V.Suganya, Senior Dietician, Apollo Hospital, Madurai gave a guest lecture on “Food & Nutrition for Teenagers”. She highlights the significance of a balanced diet to maintain a healthy body for Teenagers. Mr.T.Saravanakumar, Lecturer, Department of psychology proposed the vote of thanks



*Mrs.V.Suganya, Senior Dietician, Apollo Hospital, Madurai addressing the students on ‘Food & Nutrition for Teenagers’*

***Power of Positive Attitude 11.01.2018***



*Dr.D.Pandiaraja, principal Thiagarajar college felicitated the chief guest Dr.R.Chandrasekar ,Dean, Department of Business Administration, Kalasalingam University*

The Centre of Thiagarajar College organized a Guest Lecture on “Power of Positive Attitude” for the students on 11<sup>th</sup> January 2018. Briefing the activities of the centre, Dr.D.Anbugeetha, Director, Women’s Studies Centre emphasized the need for such a programme. In his presidential address, Dr.D.Pandiaraja, Principal insisted that Positive Attitude is essential to students. Dr.I.Chitra, Coordinator of Women’s Studies Centre, Introduced the guest and briefed about the programme.

Dr.R.Chandrasekhar, Dean, Department of Business Administration addressed the students about the importance of Positive Attitude in interesting, information and entertaining way by screening, video clippings. He said that Positive Attitude is the key for success in life. It was a step towards educating the students towards Positive Attitude. Active participants were appreciated. Mrs.N.Radhika, Department of Psychology proposed the vote of thanks.



*Participants of the guest lecture on “Power of Positive Attitude”*

**International Women's Day Celebration 08.03.2018**



*Dr.R.Srinivasan, Dean, Students welfare, Thiagarajar College addressing the students*

The Centre Celebrated an International Women's day on 08.03.2018. Dr.D.Pandiaraja, Principal, Thiagarajar College, preside the event. In his presidential address, He insisted the importance of women. Dr.I.Chitra, Co-ordinator, Women's Studies Centre, Welcomed the gathering and briefed the activities of the centre. In his special address, Dr.R.Srivnivasan, Dean - Students Welfare, emphasized that women to be like bharathiyar's "puthumai penn". Dr.R.Angeline Chella Rajathi, Assistant Coordinator, Women's Studies Centre gave the inaugural address and introduced the guest of honour Dr.N.K.Asha devi, Associate professor, Department of Zoology, Thiagarajar College. The guest of honour spoke about "You & Your identity". Cultural events were conducted to the students as well.



*Dr.D.Pandiaraja, Principal, Thiagarajar College felicitated the chief guest of Women's Day celebration.*

Dr.D.Anbugeetha, Director, Women's Studies Centre, gave the vote of thanks. Handmade greeting cards were also given to all the women staff (both teaching & support) wishing them happy women's day on behalf of Women's Studies centre. The event came to an end with national anthem.

***"Being a woman is a terribly difficult task since it consists principally in dealing with men." – Joseph Conrad***



*Dr.N.K.Asha devi, guest of honour spoke about "You & Your Identity" on Women's Day Celebration*

Dr.D.Anbugeetha, Director , women’s Studies Centre delivering the welcome address

The Centre organized a workshop on “Yoga of Better Eye Sight”. Dr.D.Pandiaraja, Principal, Thiagarajar College, presided the Event. Dr.D.Anbugeetha, Director, Women’s Studies Centre, Welcomed the gathering and briefed the importance and the objective of the workshop. In his special address, Dr.R.Srivnivasan, Dean - Students Welfare, emphasized that why women needs to do yoga.



*Cultural events by our college students on Women’s Day Celebration*



*Dr.R.Srivnivasan, Dean - Students Welfare delivering the presidential address on workshop*

## **Training Programme**

***Yoga for Better Eye Sight 12.03.2018***



*Ramesh Rishi from Maha Yogam , Kancheepuram demonstrate asanas*

In the Workshop, Ramesh Rishi, Maha yogam, Kanchipuram explained how yoga can be used to bring harmony between the mind, body and soul and how women can make them physically fit and mentally alert. He demonstrated the five yoga asanas & five eye exercises to the students for better eye sight.



*Participants of the Workshop*

Dr.I.Chitra, Coordinator, Women's Studies Centre, gave the vote of thanks and the event came to an end with national anthem. The aim of the event was to enhance eye health and to avoid usage of spectacles.

### ***State level student's Seminar***

***State level Students Seminar on "Teens & the Media" 16.02.2018***



*Dr.D.Pandiaraja principal delivering presidential address on State Level Student's Seminar on "Teens & the Media" 16.02.2018*

The Centre in association with the Department of Psychology, Thiagarajar College, Madurai, Organised a State level Students Seminar on the Topic, **"TEENS AND THE MEDIA"**. Dr.D.Pandiaraja, Principal, Thiagarajar College, Presided the Event. Dr. DANbugeetha, Director, Women's Studies Centre and co-ordinator Department of Psychology, Welcomed the gathering and briefed the importance and the objective of the program on sensitizing the impact of Media on Teenagers. Dr.I.Chitra, Coordinator, Women's Studies Centre, gave the inaugural address and said that students should have awareness about the significance of the topic and should have the knowledge about how it molds them and introduced the guest of honour Dr. S.V.M.Thirumurugan. He is a dentist by profession however a social activist by passion. His passion is to create awareness about child abuse and on the impact of social media on teenagers. He started by saying about the alarming number of child trafficking happening across the globe and gave a Theory called as SAIL. He said



that research evidences show that Media abuse has increased loneliness and depression among teens and young adults at the same time it has decreased their self esteem. He gave few tips on safe media habits.



*Dr.S.V.M. Thirumurugan, Dentist & Social Activist gave a special lecture about the topic.*

In the technical session 24 paper presenters presented their papers on the Theme of the conference and discussed their idea on the advantages and disadvantages of the social Medias, and how to sensitize the youth about the dangers associated with bad media habits. Best paper presenters were selected and prizes were awarded to them and certificate of participation was awarded to all the paper presenters.

Mr.T.Saravanakumar, Organizing Secretary, gave the vote of thanks and the event came to an end with national anthem. The aim of the event was to “sensitize the impact of Media on Teenagers” it is hoped that it is achieved to an extent through the event.



*Participants of seminar on “Teens & the Media”*

**WOMEN’S STUDIES CENTRE**  
**Thiagarajar College (Autonomous)**  
**139-140, Kamarajar Salai**  
**Madurai – 625 009, Tamil Nadu**  
**Phone : 0452 – 2312875**  
**E-mail: [wsc.tcarts@yahoo.com](mailto:wsc.tcarts@yahoo.com)**

Book Post

---

---

---

---

---

---