



## WOMEN'S STUDIES CENTRE

### THIAGARAJAR COLLEGE (AUTONOMOUS)

(Re-Accredited by NAAC with 'A++' Grade)

139-140, Kamarajar Salai, Madurai-625 009



Newsletter

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*14.07.2020*

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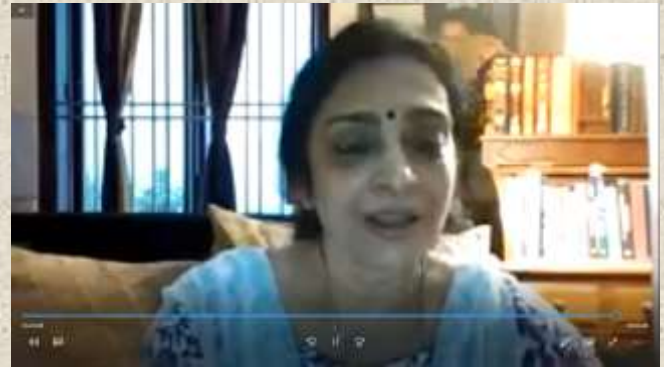
##### Short term Academic Courses

The Centre is offering Part V programme titled "Gender Studies" from 2018-2019 onwards.

##### Women Empowerment Lecture Series - 14<sup>th</sup> to 17<sup>th</sup> July 2020

Women's Studies Centre organized a Women Empowerment Lecture Series from 14<sup>th</sup> to 17<sup>th</sup> July 2020 on a virtual platform. The lectures were programmed under the inspiring governance of the Chairperson of the Centre, Dr. Uma Kannan. The objective of the lecture series was to rub off the rust of the students and faculty during the lockdown owing to Covid 19. The centre also aimed at educating them about Covid 19 and enabling them to safeguard themselves from the physical and mental threats posed by the virus. The highly acclaimed resource persons were medical doctors and mental health counselors.

Around 700 participants from 22 states responded to the invitation which was circulated in the social media, turning it into a truly national programme.



Dr. Nandhini, certified Life Coach and Diversity, Communication Professional rendered an empowering lecture on the title, "Gender Bias and Stereotyping" on 14<sup>th</sup> July. The lecture was well received by the participants and was followed by an interactive session in which Dr. Nandhini cleared the doubts of the participants with brilliant responses.



On 15<sup>th</sup> July, Mrs. Sharmila Siraj, Consultant Psychologist, Ahana Hospitals, Madurai deliberated on "Minding our Minds

during Covid”. She deftly counselled on warding off fear of Covid 19 and keeping our minds agile and occupied. She clarified the mind related queries of the vigilant participants.



Dr. Usha Kim, Head, Dept of Orbit, Oculoplasty, Ocular Oncology, Aravind Eye Hospital, Madurai spoke on “Women’s Engagement in Primary Eye Care” on 16<sup>th</sup> July. She shared an informative video on the eye – care services available in the legendary Aravind Eye Hospitals.



The last day of the lecture series was marked by an awareness lecture on “Covid 19: The Inside Story” by Dr. Sudha Dheep, Director, Taj Hospital, Madurai. The participants were sensitized to the scientific facts about the deadly virus and were cautioned about the various precautionary measures. The interactive session drove home the lack of awareness of Covid even among the educated and elite. The overall response for the lecture series was overwhelmingly positive.

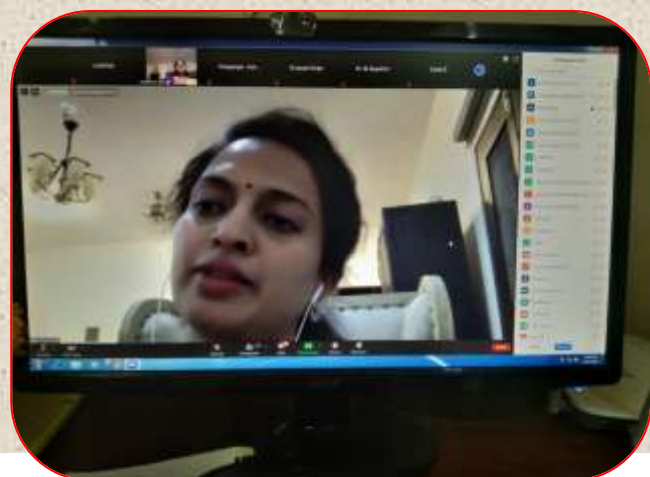
All the lectures and interactive sessions were co-ordinated and moderated by the Director of the Centre – Dr. V. Subathra Devi. The lectures were rounded off with a warm note of Thanksgiving by Dr, I Chitra, Dr. Angeline Rasathi, and Ms. Ganga Devi of WSC.



*Dr.V.Subathra Devi, director, women’s studies centre welcoming the participants of the lecture series*

### **Women Enrichment Webinar**

The Women’s Studies Centre of Thiagarajar College, headed by Dr.Uma Kannan as the Chairperson, organized a *Women Enrichment Webinar* on 12<sup>th</sup> August 2020. The objective of the programme was promoting health and happiness in the society, undeterred by the fear of Covid 19. Around 300 participants across 4 states listened eagerly to the aesthetics of grooming.



Dr. Hema Sathish delivered an informative and enriching lecture on the title *Grooming and Aesthetics*. She defined the concept of grooming and gave interesting tips to groom oneself. The participants were sensitized to the various measures to groom their inner selves and looks Dr. V. Subathra Devi welcomed the gathering and introduced the guest speaker. Dr. I. Chitra thanked the gathering.

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Book Post

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