



WOMEN'S STUDIES CENTRE

THIAGARAJAR COLLEGE (AUTONOMOUS)

(Re-Accredited by NAAC with 'A++' Grade)

Ranked 23rd in NIRF 2022

139-140, Kamarajar Salai, Madurai-625 009



Newsletter

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“Life Skills for Women”

The Centre is offering Part V programme titled

“Gender Studies” from 2018-2019 onwards

Real Time Lecture on “Post Pandemic Mental Health” – 13.10.2021

The Women's Studies Centre of Thiagarajar College organized an onstage lecture on the need of the hour, Post Pandemic mental Health on 13.10.2021.

Dr. C. Ramasubramanian MBBS., DPM., MD., Psychiatrist, Founder – M.S. Chellamuthu Trust,

Research Foundation, State Nodal Police officer Well- Being Programme, delivered the key note address for about 45 minutes. He spoke about the depressing

Physical and mental health condition that prevailed in the society during the pandemic and the medical emergency handled meticulously by the frontline warriors, doctors and nurses. He requested the students to stay confident and resilient in saving themselves from the various physical and mental health issues.

Dr. Uma Kannan, Chairperson of Women's Studies Centre presided over the meeting. In her presidential address she drew attention to the multitude mental health challenges thrown by the pandemic to the society at large, like anxiety, mental depression, social withdrawal, seclusion etc. She advised the students to mind their minds and turn such challenges into opportunities.

Dr. D. Pandiaraja, Principal, Thiagarajar college offered his felicitation and listed out the various achievements of the college during the pandemic. He motivated the students to be consistent in their hard work to taste success. The interactive session, which lasted for an hour was moderated by Dr. D. Janet Vasanthakumari, Director Counselling, M. S. Chellamuthu Trust. It

turned out to be a meaningful and informative session on post pandemic mental health. Around 15 students and a few faculty members got their doubts cleared by posing questions which were lucidly answered by both Dr. C. Ramasubramanian and D. Janet Vasanthakumari. Around 250 students of various departments including Part V students of WSC participated in the lecture, following Covid SOP like mask and social distancing.

The director of the centre Dr. V. Subathra devi welcomed the gathering and Dr. R. Angeline Chella Rajathi, Assistant Coordinator, WSC delivered the vote of thanks. The Coordinators Dr. I. Chitra and Dr. K. Gangadevi organised



Dr. C. Ramasubramanian delivering the Keynote Address

Quiet the Mind , the Soul will Speak - 01.11.2021

The Women’s Studies centre of Thiagarajar college organized a special lecture on “Quiet the Mind, the Soul will Speak” on 01.11.2021. Dr. D. Pandiaraja, Principal, Thiagarajar College, presided over the event. The Director of the centre Dr. V. Subathra Devi introduced the theme to the students. Dr. I. Chitra, Coordinator, Women’s Studies Centre, Welcomed the gathering. Dr. D. Sasidevi, Assistant Professor of English delivered the key note address and spoke about meditation and explained how it can be used to bring harmony among the mind, body and

soul. Dr. K. Gangadevi, coordinator delivered the vote of thanks.



Dr. D. Sasidevi, Assistant Professor of English delivering the lecture on” Quiet the Mind, the Soul will Speak”

One day Extension Programme: General Medical Camp for the Villagers of Panaiyur. 25.12.2021

The Centre organized a general medical camp on 25.12.2021 at Panaiyur village, in association with the NSS unit of our college. Around 361 people of Panaiyur village benefited out of this programme. Dr.K. Gangadevi, Part V Gender Studies SF coordinator welcomed the gathering. Dr. D. Pandiaraja, Principal gave the presidential address. Mrs. Akilarani, B.Sc., Panchayath Union President of Panaiyur village gave a special address promoting health awareness among the villagers. Dr. M. Kumuthavalli, MBBS, DA Art Medical Officer, Rajaji Hospital, Dr. T. Muthuranikaesavan, MBBS, Govt. Doctor (Rtrd) , Siva Clinic Karupayurani, Madurai and Dr. P. Vinothini, BDS, Dental Surgeon, Mahalakshmi Dental Hospital, Madurai offered their service to the village people. Mr. S. Sonai, Vice-President of Panchayath Union Panaiyur offered his

felicitation. Dr. M. Selvakumar, Programme Officer, NSS unit no.226, delivered the vote of thanks.



Shakti – Unleash the Power – 03.03.2022

The Women’s Studies Centre of Thiagarajar College, in association with Soroptimist International Madurai organized a program “Shakti-Unleash the Power” on 03.03.2022 in commemoration of International Women’s day Celebration. The chairperson, Women’s Studies Centre, Dr. Uma Kannan graced the occasion with her presence.

It was a workshop on basic self defence with an introduction to Theatre. The resource person was Ms. Sujatha Balakrishnan, Facilitator, Theatre of the oppressed of (trained at Boston) Bangalore. One hundred students from Certificate Course and Part V Gender Studies and students of I M. A. English participated in the program.

The Director Dr. V. Subathra Devi welcomed the gathering. In his presidential address, the Principal, Dr. D. Pandiaraja insisted on the importance of self-defense training for female students. Dr. Manju Anilkumar, President, Soroptimist International Madurai offered her felicitation and congratulated the students for their active participation in the event.

Ms. Anitha Rajarajan, Founder President, SI introduced the chief guest, and her credentials to the audience. Ms. Sujatha Balakrishnan set the ball of

self-defense rolling with a demonstration. She taught the various techniques of defense against a perpetrator to a team of students with a request to teach the same to their friends. She also introduced the theatrical art to the students and made them demonstrate the nine rasa (emotions). The students enjoyed the program with a positive feedback. Dr. R. Angeline Chella Rajathi, Assistant Coordinator thanked the gathering. The program was appreciated by the students.

A Poster making contest was conducted for the students of all departments on the title “Shakti-Unleash the Power” Around 20 students actively participated in the contest and came out with an amazing presentation of the feminine power. The best posters were awarded by the members of Soroptimist International Madurai.



Ms. Sujatha Balakrishnan and other dignitaries on stage



Demonstration of Self Defence in the Workshop

Thiagarajar College, Madurai
Women's Studies Centre
Poster Presentation on "Shakti-Urveash the Power"



Women's Day Celebration – 8.3.2022

The International Women's Day was celebrated by Women's Studies Centre on 08.03.2022. The event was celebrated in commemoration of the memories of our President Emeritus, Dr. Mrs. Radha Thiagarajan, an embodiment of Women empowerment. The chief guest was Ms. Ponni, Deputy Inspector General of Police, Madurai city. She created a sensation among the students when she walked into the auditorium in her most coveted uniform. Her inspiring speech was a big motivation for the students. She insisted on the healthy, indiscriminative attitude of parents, for girl children to bloom into successful women. She instructed the students to beware social media and concentrate on their studies to explore their potential. She swept the students off their feet with her scintillating remarks. The Secretary of the college, Mr. Hari Thiagarajan presided over the celebration. The Principal, Dr. D. Pandiaraja offered his felicitation.

As a novel initiative to rejuvenate the spirit of the women faculty of the college, post pandemic, Women's Studies Centre celebrated Women's Day on 8.3.2022 by conducting three cultural competitions, Singing, Dancing and Dumb Charades for the women teachers. Around 200 women including teaching and non-teaching staff participated in the contests with overwhelming enthusiasm and showcased their talents. The event was presided over by Principal, Dr. D. Pandiaraja. He appreciated the women staff members for their commendable contribution to the administration of the college in various capacities and set some inspiring goals for them to achieve. He also requested them to have a sharp eye on the value system and discipline of the student community. Our magnanimous management sponsored the programme with high tea and prizes for the winners. The women

teachers felt refreshed with a positive attitude and thanked the centre for the event.



Women faculty enjoying their day

Honouring Rural Women Achievers of Madurai – 25.03.2022

Women's Studies Centre in association with Young Indians-Madurai Chapter organized an award ceremony in appreciation of rural women achievers in and around Madurai, who have made significant and inspirational contribution to rural development on the eve of International Women's Day. The achievers were recognised in the category of social entitlements, education, environment, social work, entrepreneurship, women's rights, skill training, health and women empowerment.

Mr.V. Suraj Sundara Shankar, Chair-Rural Initiatives, YI Madurai welcomed the gathering. Mr. L. Sevugan, Chapter Chair, YI Madurai introduced the achievers to the audience with their credentials and spoke about the vital and irreplaceable role women play in their home and the society. He inspired the achievers to walk an extra mile and make a difference in the lives of the needy. After the awards were given away some of the achievers shared their personal experiences and the tough times they had to tide over before achieving their dreams.

Dr. Uma Kannan, Chairperson, Women's Studies Centre participated in the event and gave away the awards.



Ms. P. Sharmila Devi, Chapter Co Chair, YI

Madurai delivered the vote of thanks

Awareness Programme on Waste Plastics

Management – 07.06.2022

The Women's studies Centre of Thiagarajar College, in association with Soroptimist International Madurai organised an awareness program on "Waste plastics Management" on 07.06.2022. The Chairperson, Women's Studies Centre, Dr.Uma Kannan graced the occasion with her presence. Padmashri Dr. R. Vasudevan, "the Plastic Man of India" dispelled myths regarding plastic being a harmful component. His keynote address revolved round the significance and inevitability of plastic which has become an integral part of human life. He listed out the various ways in which plastic can be transformed to befriend human society and as an example explained the making of his plastic roads, a feat that has fetched him one of the greatest accolades of the nation. In the interactive session that followed Dr.Vasudevan cleared the doubts of staff & students and inspired the budding scientists to explore various possibilities with plastic.

Dr. Lalitha Prajana, President, Soroptimist International, Madurai welcomed the gathering and Dr.D.Anbugeetha, Assistant Professor of Business Administration delivered the vote of thanks. Nearly 200 students participated in the programme.





The Plastic Man of India with the Soroptimists



The audience, ruffled by his revelation of plastic as human friendly

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